



NEWS AND NEIGHBORS

Newport News Redevelopment and Housing Authority

September • 2022

Volume 29 • Issue 9

HOLIDAYS OBSERVED DURING THE MONTH OF SEPTEMBER

Labor Day

September 5

Fall Begins

September 22



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How do I Register to Vote?

Voter Information

Who can register to vote?

Where can I get a registration form?

Registration Deadlines?



To be eligible to register to vote in Virginia a person must:

- Be a resident of Virginia (A person who has come to Virginia for temporary purposes and intends to return to another state is not considered a resident for voting purposes);
- Be a U. S. Citizen;
- Be 18 years old (Any person who is 17 years old and will be eighteen years of age at the next election shall be permitted to register in advance and also vote in any intervening primary or special election;
- Does not claim the right to vote in any other State;
- Not currently declared mentally incompetent by a court of law;
- If convicted of a felony, your right to vote must have been restored.

Persons eligible to register can obtain a registration application at any of the following locations:

- Local voter registration office: **Newport News City Hall-2400 Washington Avenue 6th Floor-Newport News, Virginia 23607.** Telephone number: **757.926.8683**
- Online: **www.nngov.com/voter-registrar.**
- State or local government offices when applying or recertifying for Aid to Dependent Children, Food Stamps, WIC, Medicaid, or Rehabilitation Services;
- Government offices in the State that provide State-funded programs primarily engaged in providing services to person with disabilities;
- Armed forces recruitment offices;
- Public Libraries: **Pearl Bailey-2510 Wickham Avenue, Newport News, VA 23607**
Grissom-366 DeShazor Drive, Newport News, VA 23608
West Avenue-2907 West Avenue, Newport News, VA 23607
Main Street-110 Main Street, Newport News, VA 23601
- State Board of Elections office;
- Department of Motor Vehicles offices;
- Voter Registration Drives.

Registration Deadline: October 17, 2022 by 5:00 p.m. (in person)
If registering online, must be submitted by 11:59 p.m.



Going Back to School... Top 10 Tips for Parents

1. Meet the principal and teachers at the beginning of the school year.
2. Find out the best way to reach your child's teacher and tell them the best way to reach you (e.g. cell phone/texting/ email, phone call)
3. Go to Back-To-School night and events at your child's school. Kid's who see their parents at school get better grades.
4. Regularly check your child's backpack for notes, and keep track of homework.
5. Help your child with homework if needed, and always check when it's done.
6. Create a study space with good lighting and set regular time for homework.
7. Read, read, read. Have your child read everyday. Read to them, read with them and make sure your child sees you reading as well.
8. Provide healthy food every meal. Skip the sweets and soda -these foods don't help kids learn.
9. Make sure your child gets enough sleep.
10. Go online to www.GreatSchools.org and get other ideas for helping your child be the best that they can be.



BUS BEHAVIOR TIPS

SCHOOL BUS

RESPECT

- ❖ Appropriate noise level
- ❖ Stay in personal space
- ❖ Follow all established bus rules
- ❖ Follow adult directions

RESPONSIBILITY

- ❖ Keep bus clean & tidy
- ❖ Stay in personal space
- ❖ Stand patiently in line to get on/off bus

HONESTY

- ❖ Stay in assigned seat
- ❖ Be truthful
- ❖ Report any problems to driver

TOLERANCE

- ❖ Accept people, events or situations with patience and understanding
- ❖ Allow different opinions, beliefs, behaviors, and feelings without judgement
- ❖ Respect other people's differences
- ❖ Reject stereotypes

SAFETY

- ❖ Follow all established bus rules
- ❖ Remain seated until driver says otherwise
- ❖ Follow all adult directions
- ❖ Keep all personal items secure
- ❖ Remain in personal space at all times (in line, in seats and at bus stop)

**WELCOME
BACK TO SCHOOL**



10 Habits of Successful Students

1. **Get Organized.** Making a plan for what you're going to do and when you're going to do it will make sure you're always ahead of the curve - literally.
2. **Don't multitask.** Studies have shown that multitasking is physically impossible.
3. **Divide it up.** Studying isn't fun to begin with, and forcing yourself through a study marathon will only make it worse. Dividing your work into manageable chunks and rewarding yourself when you finish each chunk will make studying (more) fun.
4. **Sleep.** Don't underestimate the importance of those eight hours of sleep every night! Getting a good night's rest will sharpen your focus and improve your working memory.
5. **Set a schedule.** Do you work better right after school or after you've eaten dinner? Are you more productive in 90-minute blocks or half-hour spurts? Find a schedule that works for you, and stick to it.
6. **Take notes.** Taking notes will not only keep you more engaged during class, but will also help you narrow down what you need to study when exam time rolls around. It's much easier to reread your notes than to reread your entire textbook!
7. **Study.** This one might be obvious, but did you know that there's a right and a wrong way to study? Review your material several days ahead of time, in small chunks, and in different manners (for example, write flashcards one day and take practice tests the next). In other words, don't cram.
8. **Manage your study space.** Find a place that will maximize your productivity. Look for places away from the television and other distractions. Whether it's your local library or just the desk in your bedroom, set aside a study space that you'll want to spend time in.
9. **Find a study group.** Sitting down with a group of people who are learning the same things as you is a great way to go over confusing class material or prepare for a big test. You can quiz each other, re-teach material, and make sure that everyone is on the same page. After all, teaching someone else is the best way to learn.
10. **Ask questions.** You're in school to learn, so don't be afraid to do just that! Asking for help - from a teacher, a tutor or your friends - is a surefire way to make sure you truly understand the material.

NNPS 2022-2023

APPROVED - 2/15/22



SCHOOL CALENDAR

Newport News Public Schools • 12465 Warwick Blvd., Newport News, VA 23606 • (757) 591-4500 • www.nnschools.org

July 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

1, 8, 15, 22, 29 Summer Hours
4 Independence Day - Schools and Offices Closed

August 2022						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	★ 29	30	31			

5, 12 Summer Hours
8 New Teachers Report
16 All Teachers & Teacher Asssts. Report
29 All Students Report

September 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

2 Schools Closed (as required by State Code). Offices Open
5 Labor Day

October 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

21 Schools Closed for Students; Half Day Teacher PD in morning and family conferences in the afternoon (and held throughout the week)

November 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

8 Teacher Work Day (Election Day); Students do not report
23 Schools Closed, Half Day for Offices
24-25 Thanksgiving Observance Schools & Offices Closed

December 2022						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

14 Half day dismissal for students (in-person instruction in a.m.; student independent learning and teacher Professional Development in p.m.)
19-30 Winter Break - Schools and Offices Closed (12 month staff to use 1/2 day leave on December 19 full day closure)

January 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

2 Schools reopen
16 Rev. Dr. Martin Luther King, Jr. Day
23-25 Exam Dates - 1/2 day high schools
26 Teacher and Support Staff Work Day - Students do not report
27 Regional Prof. Development Day
30 Second Semester begins

February 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

20 President's Day - Schools Closed, Offices Open

March 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

10 Schools Closed for Students; Half Day Teacher PD in morning and family conferences in the afternoon (and held throughout the week)
31 Teacher Work Day - Students Half Day Dismissal

April 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

3-7 Spring Break (annually 1st week of April for Peninsula school divisions) - Schools & Offices Closed (12 month employees to use 1/2 day leave each day, April 3-7)
19 Half day dismissal for students (in-person instruction in a.m.; student independent learning and teacher PD in p.m.)

May 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

29 Memorial Day

June 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

3-4 High School Graduations (Tentative)
7, 8, 9 ECC, Elementary & Middle - Early Dismissal
7, 8, 9 High School - Half Day Dismissal
9 Last Student Day
12 Last Teacher Day
16, 23, 30 Summer Hours
19 Juneteenth - Schools and Offices Closed

9 Weeks Report Cards			
Period	Ends	# of Days	Reports Issued
1	Nov. 7	48	Nov. 16
2	Jan. 25	42	Feb. 7
3	Mar. 31	43	Apr. 18
4	June 9	44	June 9

Religious observances beginning/occurring on 2022-2023 student school days:

Rosh Hashanah - Sept. 26 Ash Wednesday - Feb. 22
Yom Kippur - Oct. 5 Ramadan - March 23
Sukkot - Oct. 10 Ascension Day - May 18
Shavuot - May 26

Calendar instructional hours exceed 990 state hour requirement.

*All schools need to schedule at least one evening conference period, preferably in the fall.
NOTE: If make-up days are necessary, they will be made up, at the superintendent's direction.

- ★ First Day of School
- Schools & Offices Closed
- Half Day Dismissal
- Early Dismissal
- Schools Closed, Offices Open
- ⋯ Schools Closed, Half Day Offices Only
- Key Dates

Micro Enterprise Grant

A new pilot program to support the City's Southeast Community, the Micro Enterprise Grant Program, has been established to assist in the creation and growth of viable micro businesses in the City of Newport News.



FINANCIAL ASSISTANCE

One-time grant amount between \$500 and \$3,500



TRAINING

- Counseling Sessions
- Small Business Outreach



SUPPORT

- Technical Assistance
- Business Plan Development
- Ongoing guidance

HOW ARE YOU ELIGIBLE?

- Five (5) or fewer employees or persons that plan to create such an entity
- Be a for-profit Micro-Enterprise Business
- Be located or locating within the defined geographic area
- Be Low to Moderate Income (LMI) and/or the business must service a LMI area
- Have a Newport News Business License
- Be current on all local taxes or fees
- Complete pre-approved counseling sessions or workshop

TO APPLY OR FOR ADDITIONAL INFORMATION:

Visit www.nnva.gov/development or

Contact Priscilla Green at:

Phone: (757) 509-2587

Email: greenpa@nnva.gov

Newport News
Where Great Things Are Happening

Outdoor Grilling Safety Rules



- Electric Grills are still allowed for both indoor and outdoor usage.
- Propane Grills, Dual Fuel grills and Propane Turkey Fryers **are not permitted**.
- Outdoor charcoal, hibachi and wood pellet grills are permitted.
- Grills must be used at a minimum distance of 10 to 15ft away from any structure.
- Using grills on the sidewalks is prohibited.
- Grills **cannot** be left unattended at any time while in operation.
- Dumping coals and ash from the grill onto the grass or pavement is **strictly prohibited**.
- Never, under any circumstances, should lighter fluid or matches be left unattended.
- Tenants are responsible for the clean-up of any grease, ash coals and food that spills.
- Accumulated debris from the grill is to be wrapped in aluminum foil and place in trash receptacles after cooling.
- Any tenant that fails to properly clean spills and accumulated debris will incur a fine of \$25.00.
- **Storage of Outdoor Charcoal, Hibachi and Wood Pellet Grills**
 - ✓ Outdoor grills can be stored in the back of each housing unit when not in use.
 - ✓ Outdoor grills can be stored in units in a clean and orderly manner, not blocking passageways and egresses and not in the utility closet.
 - ✓ Any unit that fails to properly store a grill will be fined \$25.00.
 - ✓ No storing of Lighter Fluids.
 - ✓ Grills cannot be stored in the front of an apartment.

NNRHA does not waiver any liability for any unsafe practices. If you have any questions please call your rental office.



THE FAMILY INVESTMENT CENTER HAS MOVED FROM RIDLEY TO MARSHALL COURTS RECREATION CENTER

FREE TRAINING PROGRAMS

The Family Investment Center offers free training in the following courses:

- CNA;
- Self-Paced Typing;
- Employability Skills Workshops;
- Resume and Interviewing Prep;
- Job Lead Assistance;
- Homeownership.

Call 757.928.3680 if you have questions

PROGRAMA LIBRE DE INSTRUCCION

Centro de Trabajo Para la Familia ofrece los Cursos que sigue:

- Mecanografia;
- Habilidades de obrero;
- Ayuda con su resumen y su entrevista;
- Como se encuentra trabajo;
- Como encontrar y poseer una casa.

Centro de Trabajo
Para La Familia
600 C Ridley Circle
Newport News, VA 23607

Lunes—Viernes

8 de la mañana - 4:30 de la tarde

757.928.360 ingles
757.928.6146 espanol

Same great training opportunities...
Come to our new location

The Family Investment Center

~NEW LOCATION~

Marshall Courts Recreation Center
3301 Marshall Avenue • Newport News, VA
Monday thru Friday
8:00AM—4:30PM
757.928.2680





Newport News
Shipbuilding

We Build More than Great Ships | We Build Careers

Starting Pay
Over
\$22
per hour

WE ARE HIRING TRAINEES

EEO | Military Spouses | Veteran | Disabled | U.S. Citizenship Required

Newport News Shipbuilding is partnering with the Virginia Ship Repair Association and several local community colleges to offer **eight course-to-hire Marine Trainee** programs for individuals interested in full-time trades careers with NNS. These 2-3 week courses equip individuals with the skills necessary to begin a trades career at Newport News Shipbuilding.

BASIC QUALIFICATIONS:

- 18 years or age or older
- U.S. Citizen
- Ability to work any shift
- Pass a background check, drug screen, and physical
- Pay a reimbursable \$250 to school prior to training

FITTER

Often called the "carpenters" of shipbuilding, or "Artists of Steel." They measure, cut, grind, fit, align, and tack weld parts to the structural body of the ship.

Thomas Nelson Community College, Tidewater Community College, and Camp Community College.

WELDER

Use a wide range of filler metals and welding processes to perform structural and pipe welds in all phases of production on aircraft carriers and submarines.

Thomas Nelson Community College, Tidewater Community College, and Camp Community College.

SHEET METAL WORKER

Responsible for fabricating and assembling a variety of components onboard ships such as ventilation, joiner bulkheads, framing, furniture, cabinetry, lockers and foundations.

Trainee program offered at Tidewater Community College.

ALL COURSES:

- Occurs Monthly
- Monday-Friday 7 a.m. – 3:30 p.m.
- 90% hands-on instruction
- Resulting in a full-time job with NNS upon graduating!

MARINE COATINGS

Perform solvent, hand tool and power tool cleaning. They apply paint using various brushes and rollers to the standards required in a marine environment.

Trainee program offered at Tidewater Community College.

PIPEFITTER

Responsible for installing complex systems together on the ship and in the shop. More than 230 miles of pipe are installed on an aircraft carrier.

Trainee program offered at Tidewater Community College.

OUTSIDE MACHINIST

Responsible for the installation, repair and overhaul of naval ship's mechanical components and systems.

Trainee program offered at Camp Community College.



Apply at: buildyourcareer.com

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**2-3 WEEK
TRAINEE
COURSES**



**AN
EXCELLENT
CAREER
OPPORTUNITY**



How to Apply:



1 Visit buildyourcareer.com



2 Choose "Careers/ Trades"



3 Search "Trainee"



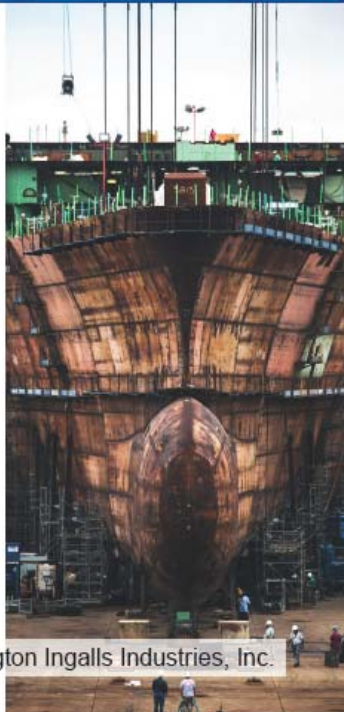
4 View all available programs.



5 Submit your application.



**90%
HANDS-ON
INSTRUCTION**



**STARTING PAY
OVER \$22 PER
HOUR**



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HII IS HIRING

NEWPORT NEWS SHIPBUILDING, A DIVISION OF HII

\$500-\$5000

**SIGN-ON & RELOCATION BONUSES FOR
TRAINEE, ENTRY-LEVEL & EXPERIENCED TRADES**

**Blasters, Deck Electricians,
Fitters, Insulators, Machinists,
Marine Painters, Pipe Fitters,
Riggers, Sheet Metal Workers
& Welders**

Why Join Us

\$21+ Per Hour, Weekly Paychecks
Paid Time Off & Holidays
Medical, On-Site Health Center
401K Company Match
Employee Discounts & More

8/6 5947SH-10



EEO | Veterans & Disabled Welcome
U.S. Citizenship Required

*Bonuses vary by trade and experience

apply NOW at buildyourcareer.com

Job seekers must apply by **9/1/22** to be eligible for bonus

REAC INSPECTIONS – COVID-19 UPDATES AND INFO



- ✓ HUD resumed inspection operations in June 2021.
- ✓ HUD worked closely with the CDC and stakeholders to develop flexible protocols which included a 28-day notification period to property management before an inspection.
- ✓ Residents may opt out of having their unit inspected and an alternate unit will be selected.

RESIDENT CONCERNS

- ✓ Residents should communicate COVID-19 health or related concerns to their property representative. An alternative unit will be selected for inspection.
- ✓ The inspector and property representative will practice safe distancing and wear personal protective equipment (PPE) consistent with CDC guidance.
- ✓ Residents who are home may elect to leave or stay in the unit during the inspection.

PROPERTY CONCERNS

- ✓ PHAs/Owners & Agents may communicate COVID-19 related concerns at the 28, 14, and 2-day notification intervals.
- ✓ If you have any additional questions, please coordinate with your inspector or you may reach out to REAC's Technical Assistance Center (TAC) at 888-245-4860.
- ✓ PHAs/Owners & Agents may reference the REAC Inspector Notice No. 2020-01 for additional detail:
<https://www.hud.gov/sites/dfiles/PIH/documents/COVID19InspectorProtocolNotice2021-01.pdf>

REQUESTS TO POSTPONE

- ✓ All requests to postpone inspection must be communicated to the Technical Assistance Center (TAC): 888-245-4860.
- ✓ REAC works with properties and inspectors to analyze postponement requests on a case-by-case basis, balancing COVID-19 conditions with the risks of not inspecting.
- ✓ REAC will coordinate with Multifamily and Public Housing leadership to ensure it evaluates all relevant factors.
- ✓ On the day of the inspection, the inspector is required to report to the Technical Assistance Center property-level COVID cases.

https://www.hud.gov/program_offices/public_indian_housing/reac

HURRICANE SEASON SAFETY TIPS



Hurricane season runs from **June 1 to November 30**. We cannot control the weather, but we can control our preparation. Follow the tips below to make sure you and your family keep safe this hurricane season.



LISTEN TO WARNINGS

Delays in heeding storm warnings are a contributing factor to casualties. People who linger become trapped. Emergency personnel are then put at risk to save those lives. ***Do not wait until the last minute.*** When warnings are given to evacuate and seek shelter, take your family and your “to-go” bags and evacuate. ***Homes can be rebuilt. Lives cannot.***

PREPARE YOUR FAMILY

It’s important to schedule time for yourself and your family to sit down and review your resources and checklists. Give yourself a deadline to have your “to-go” bag, as well as one for each family member, packed and prepared. Then, schedule time together to practice your family’s emergency plan.



Know what to do before, during, and after a storm is headed your way. Visit [ready.gov/hurricanes](https://www.ready.gov/hurricanes) to review preparedness tips and more.

DISASTER SUPPLY KIT



- Emergency supply kits:** your “to-go” bags vary depending on your family’s needs. Two items to have at the top of your list are water and baby/pet care.
- Water** is the number one item you cannot live without. Have one gallon of water per person per day for at least three days in your home should you lose access to running water. And keep water in your “to-go” bag.
- Baby/pet care:** Don’t forget your dependents. Baby care items and food for your pet should be included in your kit.
- Reminder:** Check your supply kit each year for expired food and water and replace when necessary. Also, do not store your batteries in your flashlight or radio to avoid corrosion.

For a list of recommended supplies, visit [ready.gov/kit](https://www.ready.gov/kit)

Coronavirus: Keeping you informed

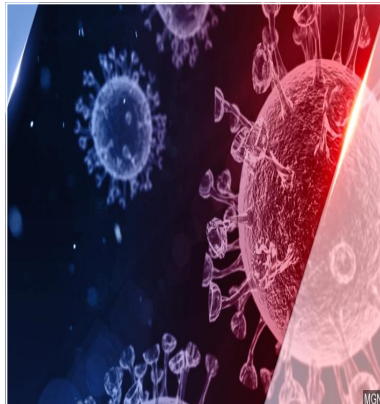
Coronavirus Update from the Virginia Peninsula Foodbank

During times of crisis, the Foodbank plays an important role in meeting community needs. In response to the coronavirus, the Virginia Peninsula Foodbank has been working to provide food to people who might otherwise go hungry.

The Foodbank's Mobile Food Pantry Program is distributing food in high-traffic spots across the peninsula and they are working with partner agencies to ensure people receive the food they desperately need. The team from the Foodbank's Culinary Training Program is preparing breakfast and lunch grab-and-go bags for children throughout our local area. The Foodbank has also hosted several large-scale public food distribution events to help individuals and families struggling to locate healthy meals. During a distribution event in Newport News last week, they provided food to support 500 households.

If you are struggling to get the food you and your family need, please visit the Get Help page on the Foodbank's website to locate a mobile food pantry or partner agency that can help. Please call prior to visiting to confirm hours of operation, as distribution plans change quickly and without much notice.

Due to the increased demand for food in grocery stores, the Foodbank has seen a significant decrease in food pick-ups and store donations, which means personal donations are even more important. You can still drop food donations off at their Hampton headquarters at 2401 Aluminum Avenue. All donations are quarantined for 72 hours before they are available to be distributed. You can make a monetary donation to help purchase truckloads of supplies, donate through YouGiveGoods or purchase through online retailers to ship items directly to the Foodbank's doors. For additional information on any of these options, you can contact Tracy Hansbrough at thansbrough@hrfoodbank.org.



NEWPORT NEWS HEALTH DEPARTMENT

Call center is open 8 AM - 6 PM

Please call 757-594-7069

If you have questions about where to
get tested if you are experiencing
COVID-19 symptoms.



We encourage you to self-report illness or quarantine if you are not feeling well. This will prevent spreading the COVID 19 to your loved ones and friends.

General Overtime Guidelines

Maintenance staff will respond to the following calls:

1. Gas Leaks;
2. Electrical Problems;
3. Smoke Detector;
4. Power Outages (only at Pinecroft, Ashe Manor, Spratley House and Marshall);
5. No Heat between 5:00 p.m. on Friday and 8:00 am on Sunday or holidays if the next day is a working day. If the next day is not a working day, accepts calls until 6:00 p.m.
6. Floods and Sewer Problems;
7. Broken Windows;
8. Collapsed ceiling or damaged roofs;
9. Commode stopped up (if two in apartment hold to next day if that is a normal business day);
10. Lock Out/Lock Change;
11. Damaged Exterior Doors;
12. Fire.

Note to Residents: If you believe the situation can wait until the next day, call first thing in the morning.

Manager's Corner

Requested Work Orders

Marshall Courts	(757) 928-6154
Ashe Manor	(757) 928-6187
Aqueduct	(757) 833-5700
Pinecroft	(757) 269-4300
Orcutt Townhomes I	(757) 928-6187



* Marshall (757) 928-6181

Tax Credit Properties

Oyster Point	(757) 269-4307
Brighton	(757) 591-3280
Cypress Terrace	(757) 833-5720
Orcutt Townhomes III	(757) 928-6187
Lassiter Courts	(757) 928-2690
Great Oak	(757) 592-7448
Jefferson Brookville	(757) 928-2690
Spratley House	(757) 928-6187

***USE ONLY AS AN ALTERNATE NUMBER**

**Please use this number ONLY after 5:00 p.m.
(757) 247-0484**



MISSION STATEMENT

The mission of the Newport News Redevelopment and Housing Authority (NRRHA) is to create affordable housing, viable neighborhoods, and opportunities for self-sufficiency that enhance the quality of life for all citizens of Newport News.

All Tenants should contact their rental office about proper installation of cable and satellite tv before being installed by the company.

REHABILITATION ASSISTANCE



We all know the heartache and devastation that drugs can bring to our families.

If you or anyone you know and love is affected by substance abuse help is available.

Program Name	Services	Payment
Tidewater Area Hot Line 459-8467	Narcotics Anonymous	No fees
Narcotics Anonymous VA Regional Hot Line 1-800-777-1515	Support group for recovering substance abusers.	No fees
Hampton Roads Clinic Reflections 827-8430	Outpatient Counseling I.V. Methadone Maintenance 30-45 day Residential Facility	Sliding fee Scale Medicaid
Project Link 245-0217	Case management and coordination services for prenatal abuser	Sliding fee Scale Medicaid
AI Anon/Alateen 1-888-425-2666	Support group Alcoholism-friends/relatives and teens.	No fees
AA Hotline 595-1212	12 Step Program	No fees
Peninsula Area Help Line 875-9314	Narcotics Anonymous	No fees
Advanced Recovery Systems	Alcohol, Eating Disorders and Substance Abuse	Private Insurance

FILING A COMPLAINT...

Here is the Customer Service Hotline Number:

757-928-6063 or 757-928-3680

A TENANT HOTLINE IS A FREE SERVICE FOR TENANTS LIVING IN PROPERTIES OWNED AND MANAGED BY THE NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY. WHEN FILING A COMPLAINT, YOU MUST STATE YOUR FULL NAME, ADDRESS, AND TELEPHONE NUMBER AND SPEAK AS SLOWLY AND CLEARLY AS POSSIBLE.

WE WILL CALL YOU BACK WITHIN 48 HOURS REGARDING YOUR CONCERNS.

THANK YOU



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